

September 2010 Conference Call Schedule Below

To join, call 212-360-7620

Mon	Tue	Wed
		1 10 Bingo 11 Sittercise 3 Sing Along 4 Let's Talk Politics
CENTER 6  CLOSED	7 10 Bingo 11 On Your Mind 4 Film Study	8 10 Bingo 11 Sittercise 3 Trivia 4 Let's Talk Politics
13 11 Sittercise 2 Current Events 3 <i>My First NY</i> 4 Low Vision	14 10 Bingo 11 On Your Mind 1 <i>Travel</i> 4 Film Study	15 10 Bingo 11 Sittercise 1 <i>Discovering Poetry</i> 3 Sing Along 4 Let's Talk Politics
20 11 Sittercise 2 Current Events 3 <i>My First NY</i> 4 <i>The Lighthouse</i>	21 10 Bingo 11 On Your Mind 2 <i>Across The Miles</i> 3 <i>Diabetes</i> 4 Film Study	22 10 Bingo 11 Sittercise 1 <i>Discovering Poetry</i> 3 Trivia 4 Let's Talk Politics
27 11 Sittercise 2 Current Events 3 <i>My First NY</i> 4 Low Vision	28 10 Bingo 11 On Your Mind 1 <i>Travel</i> 4 Film Study	29 10 Bingo 11 Sittercise 1 <i>Discovering Poetry</i> 3 Trivia 4 Let's Talk Politics



September Conference Calls

Thu	Fri
2	3
10 Bingo 11 <i>Dial Up Yoga</i> 2 Think Tank	10 Bingo 11 Sittercise 12 Friendship Circle 1 Name That Tune 2 <i>Shabbat Shalom</i>
9	10
10 Bingo 11 <i>Meditation</i> 2 Think Tank	10 Bingo 11 Sittercise 12 Friendship Circle 2 Family Feud 3 Name That Tune
16	17
10 Bingo 11 <i>Meditation</i> 2 Think Tank 4 <i>Women's Hour</i>	10 Bingo 11 Sittercise 12 Friendship Circle 2 Family Feud 3 Name That Tune
23	24
10 Bingo 11 <i>Meditation</i> 2 Think Tank 3 <i>Assemblyman Bing</i>	10 Bingo 11 Sittercise 12 Friendship Circle 1 Literary Arts 2 Family Feud 3 Name That Tune
30	
10 Bingo 11 <i>Meditation</i> 2 Think Tank	

Assemblyman Bing

Join State Assemblyman Jonathan Bing on a conference call on Thursday, September 23rd at 3pm. He will give updates and discuss issues facing seniors in the 73rd District. Call Tracy at 212-360-7620 to join.

The Lighthouse

Make eye health a priority. Experts from The Lighthouse answer your questions about eye diseases common in older adults. Can eye disease be prevented? What are vision rehabilitation services, and how can they help me? Join this conference call on Monday, September 20th at 4pm. Call Tracy to join.

Across The Miles

Join seniors from Washington, California, Texas and Connecticut for the Across the Miles conference call on Tuesday, September 21st at 2pm. . Call Tracy at 212-360-7620 for more information or to join this call.